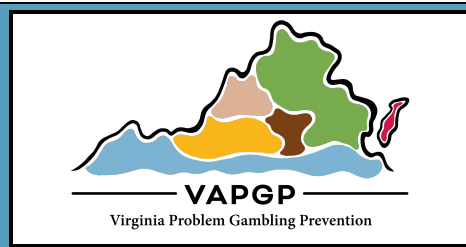


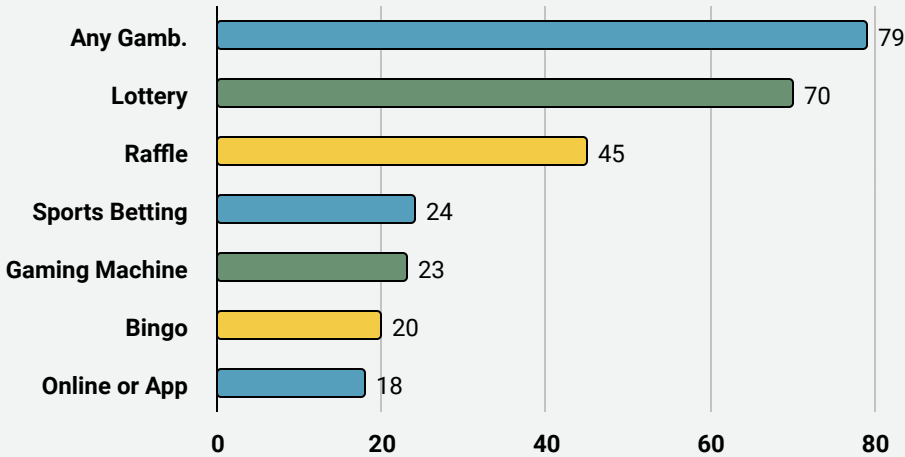
# Problem Gambling Prevention

## 2023 Data Review



**20 Million Americans report a struggle with gambling or are at risk for problem gambling**

### % Virginians Gambled in 2021



### Substance Usage

72% of problem gamblers report alcohol use issues during their lifetime



60% of problem gamblers report using tobacco regularly



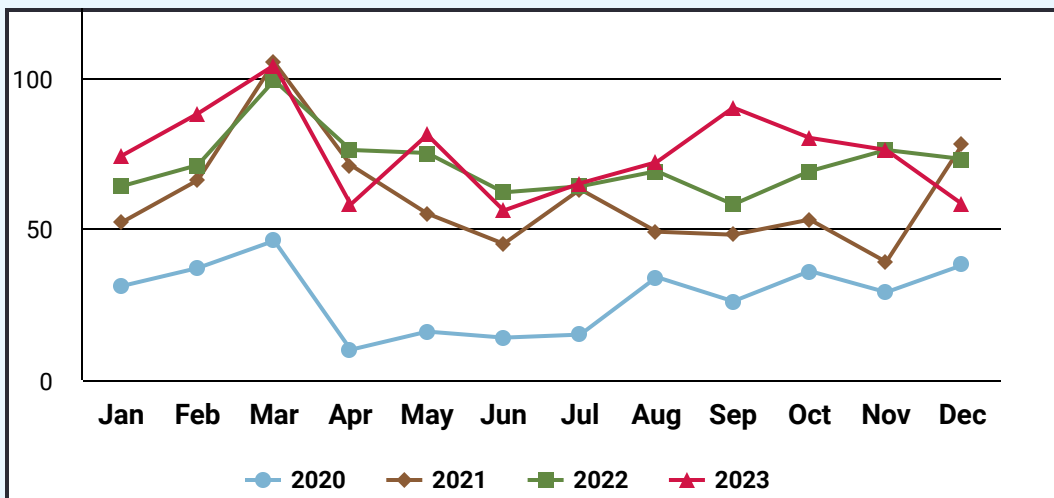
### Mental Health & Wellness

96% of problem gamblers report having at least one other psychiatric disorder

1 in 4 problem gamblers experience symptoms of anxiety and depression

Suicide rates among problem gamblers is **15x** higher than the general population

### Prevention & The Virginia Problem Gambling Helpline



The VA Problem Gambling Helpline saw a 18.2% increase in calls 2022 to 2023, and an overall 171.69% increase since it's launch in 2017

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