

Volume 17 | May 15, 2020

Preparing for Block Grant FY 20-21!

As CSBs continue to adapt and implement their prevention work, we wanted to share what is upcoming for the block grant (BG) Fiscal Year 20-21. CSBs will begin the logic model process focusing on the BG strategies along with a measurement plan to identify the data collection tools/sources. The logic model outlines the relationship between the identified needs in your community, the selected strategies, and the desired outcomes. To get a head start on these tasks, here are some ways how you might prepare in advance:



- Catch-up on BG FY 19-20 data entry to ensure that you will have time for corrections before the end of the fiscal year. This provides a more complete data picture of all of your prevention work over the year!
- Watch OMNI's Logic Model webinar in the portal, found here. This webinar provides an overview
 of the logic model process and how the components and columns (e.g. problem area, risk factors,
 strategies, and outcomes) connect.
- Revisit your 2016 BG Logic Model & Measurement Plan and 2018 Needs Assessment Update as a refresher on the processes and what data was reported. We recommend updating any relevant data points that will be reported in the FY 20-21 logic model.
- Start brainstorming risk factors related to the BG priority areas. Explore and familiarize yourself with the VASIS Dashboard. Search for relevant indicator data related to behavioral health and substance use such as use rates, overdose rates, or youth survey data. Don't forget about the data directory! This is another resource to explore data sources that are publicly available.

The OMNI TA Team will be sending out more information on the BG FY 20-21 Logic Models and Measurement Plans in the coming weeks.

Facilitating Virtual Meetings

With meetings, trainings and events all happening remotely for the time being, different facilitation and technology skills are needed. How in person coalition meetings ran may not be the same way a virtual meeting will work. They may be shorter, have a different mix of attendees, or require preparing different materials ahead of time. Please review some general tips on running virtual meetings, as well as resources and Zoom-specific tech tips, below.

General Best Practice Tips:



- Social. Allow for time at the start of every meeting for water cooler talk.
- **Practice!** If you are a new user to the platform, practice ahead of time to make sure you can easily navigate the tech aspects.
- Mute. Advise all participants to mute themselves when not speaking.
- Video. Use video as much as possible to foster connections.
- Chat. Use chat boxes to encourage engagement.
- **Plan.** Virtual facilitation requires an agenda, staying on task, and planning how to 'call' on people in large group settings.

Resources on Virtual Meetings and Technology Platforms (links):

Tech Tips for Hosting Virtual Meetings in Zoom (links):

- General guidelines and tips:
 - Ultimate Guide to Remote Meetings
 in 2020
 - <u>Remote Meetings 101: Everything</u> you need to know
- Platform reviews and tech tips
 - <u>Virtual Meetings: 99 (best) Tools,</u> <u>Ideas and Tips</u>

- Meeting vs webinar
- Registration options
- Setting up breakout rooms
- Managing breakout rooms
- Recording
- <u>Annotation & Virtual Whiteboards</u>
- Polls for Meetings or Polls for Webinars
- Zoom reactions
- Raise hand feature

News You Can Use!



Sharing Resources & Activities

OMNI is capturing various activities, campaigns and resources CSBs are implementing during this socially distant period in a Google doc located <u>here</u>.

The document is a simple bulleted list, but does capture everything in one place, and will be updated regularly.



Virginia's PTTC

The national Prevention Technology Transfer Center (PTTC) Network supports prevention grantees with resources, webinars and TA. Virginia is part of the East Central PTTC, which can be found <u>here</u>.

If not connected with them already, you can sign up for their email newsletter on upcoming professional development opportunities and resources.



Take Care

A gentle reminder that it is important to take care of yourself.

All of the support, wellness information and self-care tips that you pass along to others in your community - be sure to follow those same words of wisdom.

Community Spotlight

RAYSAC's Social Distancing Challenge!

The Roanoke Area Youth Substance Abuse Coalition (RAYSAC) has designed a unique response to this social distancing era: a Teen Social Distancing Challenge! The challenge is designed to combat teenage boredom, mental, and physical unrest.



Important Dates

May 27th, 2020

 Prevention Learning Collaborative session - register <u>here</u>

Late Spring/Early Summer

• Evaluation Planning and Data Entry Planning for FY 2020-21

July 15th, 2020

 PBPS Data Entry Deadline for Block Grant Activities

In

Youth are challenged to complete activities in categories such as Tik-Tok Family Challenge, Appreciate Your Community, Stay Creative, Stay Drug-Free and Healthy, Work Your Brain, and Productivity. Participants that complete the most challenges are eligible for an incentive!

RAYSAC offers support to other CSBs, communities, or coalitions interested in using or adapting this for their own populations. Contact <u>Shakira Williams</u>, Prevention and Wellness Specialist. More info available <u>here</u>.

Quick Links:

Demographics Calculator

VA Prevention Works! Portal VASIS Dashboard CPG's PBPS System

