

Volume 24 | December 15, 2020

Per CSB Request! Coalition Training in January 2021!

Several CSBs have recently requested information and TA support around building and maintaining effective coalitions in their communities. OMNI is presenting an informational webinar on Coalition Sustainability where we will discuss such topics as the Coalition Life Cycle; Infrastructure and Funding Considerations; Coalition People Power, including leaders and coalition members; Member Recruitment and Retention; and Next Steps.

You can participate in this webinar on January 12th from 10am - 1pm EST, or on January 21st from 1-4pm EST. There will be limited space in each session.

For Tuesday, January 12, 2021 from 10am-1pm EST:

• Register in advance for this meeting by clickinghere

For Thursday, January 21, 2021 from 1pm-4pm EST:

• Register in advance for this meeting by clickinghere





On November 30th, we posted a survey link to the VA Prevention Works Portal for your attention, but want to remind you of it here. For the past two years, the OMNI TA Team has been emailing these regular monthly e-newsletters to you. We are asking you to help us evaluate the TA Newsletter by completing a brief, anonymous survey.

We also have important questions to gather your input on holding CSB discussion groups or collaboratives in the year ahead.

The whole survey should take just 5 minutes to complete. We very much appreciate your honest feedback and suggestions! <u>Click here to take the survey</u>.

If you have any questions about the survey, please email us: OMNISupport@omni.org

News You Can Use



Stay Updated with BG Data Entry!



Download the Demographic Calculator



Mindfulness-based Stress Reduction Now that we are in the new BG Fiscal Year (July 1st, 2020-June 30, 2021), please stay updated with data entry. Entering activity data frequently will provide OMNI ample time to review and provide feedback if there are rejections. Please check PBPS frequently to stay on top of any BG activity revisions.

Alert! Do not begin data entry without a finalized BG Roadmap there are several CSBs that have not finalized their BG 20-21 Roadmaps. Please contact an OMNI TA as soon as possible for help.

from Box

To fully access the Downloadable Demographic Calculator, please download the excel spreadsheet from Box. You can find the calculator tool in the OMNI TA Resources for CSBs folder. To download, hover over the file to select More Options, select the Download button to open the excel spreadsheet on your computer. Please <u>do not</u> open through Microsoft Excel Online as the online version does not show all fields During this time of uncertainty, it is important to manage stress and cultivate wellbeing. Here are two guided breathing meditations to partake in at home during the workday or after! This website also offers additional resources and mindfulness strategies. We encourage everyone to take a moment to reground themselves.

Community Spotlight

Appreciation for Prevention CSBs



As we (*finally!*) wrap-up 2020, OMNI wanted to share a special spotlight on all of the CSBs across Virginia. You all have shown agility, compassion and resilience throughout a trying year. Adapting programs and strategies in creative ways, navigating virtual trainings and meetings, and developing new resources and mental

health messaging for your communities. Prevention efforts have been needed more than ever this year during the pandemic, and you all have met the challenge. And kept up with data entry and evaluation planning!

Thank you for all you do!

Important Dates

December 18, 2020

 FY20-21 SOR Plan Channel approved by OMNI

December 24, 2020 - January 1, 2021

• OMNI office closure; TAs will be unavailable

January 12 & 21, 2021

 OMNI Coalition Sustainability webinar 1/12 at 10am or 1/21 at 1pm

