

Virtual Substance Abuse Prevention Skills Training (SAPST)

This SAPST training is designed to prepare practitioners to reduce the likelihood of substance abuse and promote well-being among individuals, and within families, workplaces, schools, and communities.



There are **TWO required components** to complete to earn the full 31 credit hours for SAPST Training. See page 2 for descriptions.



Participants will receive two certificates of completion totaling 31 hours credit.



You **MUST Participate in ALL 6** of the Virtual Training Sessions Dates to receive a Certificate of Participation



This training is designed for substance abuse primary prevention providers including organizational leadership, coalition or council coordinators, community organizers, coalition members, and community members interested in understanding ethics as it relates to prevention

SIGN UP NOW!

More information on each course can be found on the Registration page.

Registration Deadline:
March 29, 2021

INTRODUCTION TO SUBSTANCE ABUSE PREVENTION:

UNDERSTANDING THE BASICS

- Self-Paced Pre-Course Online
- Must be completed by Monday, April 12, 2021

SUBSTANCE ABUSE PREVENTION SKILLS TRAINING (SAPST)

- You **MUST** Participate in **ALL 6** of the Virtual Training Sessions Dates Below to receive a Certificate of Participation.
- All sessions are held live on Zoom from 10 a.m.– 1 p.m. EST
 - April 13 (Tuesday)
 - April 15 (Thursday)
 - April 20 (Tuesday)
 - April 22 (Thursday)
 - April 27 (Tuesday)
 - April 28 (Wednesday)

[Click here to register](#)

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LEARN MORE ABOUT THE COURSES

INTRODUCTION TO SUBSTANCE ABUSE PREVENTION: UNDERSTANDING THE BASICS (Self-Paced Pre-Course Online).

- Registrants will receive a Welcome Letter with Overall Training Logistics and Self-paced Pre-Course Completion Instructions on/around **March 31, 2021**
- This portion must be completed before participation in the 6 Sessions of the Virtual SAPST Training. The pre-course must be completed in order to obtain a Certificate of Participation worth 5 credit hours toward the overall completion of the SAPST training requirement (It usually does not take that long to actually complete).
- This foundational course offers practitioners New to the field of prevention, or working in related fields, an introduction to the history of primary prevention, key concepts and definitions, specific drug effects, and an informative glimpse into the effects of substance use and addiction on the brain.
- *The Deadline for completion of this portion will be Monday, April 12th at 5:00 p.m.*

SUBSTANCE ABUSE PREVENTION SKILLS TRAINING (SAPST)-Virtual (Via Zoom): April 13-28, 2021

- The Virtual SAPST Training will be conducted over 6 Sessions to be held on Tuesday and Thursday mornings (with the exception of 1 Wednesday morning session) for 3 consecutive weeks starting April 13, 2021.
- Sessions will last from 10:00 a.m.- 1:00 p.m. EST each day with some homework in between.
- You must participate in all 6 sessions to complete the training and receive a Certificate of Participation worth 26 credit hours toward the overall completion of the SAPST training requirement.
- This foundational training addresses an overview of the following primary prevention topics through instruction and interactive activity in a group setting:
 - Behavioral health
 - Institute of Medicine's Continuum of Care
 - Public Health approach
 - Risk and protective factors
 - Developmental perspective
 - Application of SAMHSA's Strategic Prevention Framework: assessment, capacity, planning, implementation, and evaluation
 - Cultural competence and sustainability