

CHESAPEAKE INTEGRATED BEHAVIORAL HEALTHCARE UPCOMING WEBINARS

Please join us for our FREE upcoming webinars on
two very important topics!

SUICIDE: LET'S TALK ABOUT IT! MONDAY, MARCH 15 10:00AM-11:30AM

Learn about suicide and it's many aspects including: statistics, sensitive language, protective/risk factors, warning signs, how to help someone, aftercare, and resources.



To register: [click here!](#)

OVER-THE-COUNTER (OTC) MEDICATIONS: WHAT YOU SHOULD KNOW WEDNESDAY, MARCH 24 1:00PM-2:30PM



Learn about commonly misused over-the-counter medications, warning signs of misuse, and how to keep your home safe.

To register: [click here!](#)

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