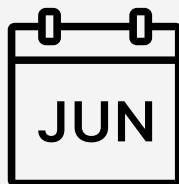


JUNE 2020



In June we here at prevention for Colonial Behavioral Health wanted to continue our momentum from May and Mental Health Awareness Month. On June 15th a training was hosted and recorded on Substance Use Disorder and an introduction into what the disorder is and how it manifests.

The webinar detailed how Substance Use Disorder begins in an individual, what can be done to prevent it, what can be done to treat it, and where to go in the area for treatment. The lecture was recorded. If interested in viewing the webinar please contact Brendan McDonald at bmcdonald@colonialbh.org.

In addition to the webinar, this month marked the end of the fiscal year for Colonial Behavioral Health. To wrap up the year we finished our Tobacco Merchant Education. This year, we went to every store in the four counties (Poquoson, York, James City, and Williamsburg) that sold tobacco. When arriving there was a brief survey we conducted and then proceeded to do a brief education with the store managers on the importance of checking I.D.s and a reminder of the change of law to 21 for tobacco. This project was a success as we visited over 100 stores in the area.

Lastly, this month we prepared to reopen and begin a new year in prevention. July and August will see more webinars, more outreach, and, of course, more prevention methods. We are excited to start a new fiscal year and begin our outreach campaigns. Keep checking back for more updates every month. Thank you!

IF YOU OR A LOVED ONE IS IN NEED OF RESOURCES FOR HELP PLEASE CONTACT THE PREVENTION DEPARTMENT THROUGH PREVENTION SPECIALIST BRENDAN MCDONALD (BMCDONALD@COLONIALBH.ORG) FOR MORE INFORMATION.

